Gender-Specific & Gender-Neutral Pronouns

Gender-Specific Pronouns
are the ways we refer to each other in the third person. People who are transitioning in some way might choose to change their pronouns.

Gender-Neutral Pronouns

You cannot tell someone’s name or pronoun just by looking at them.

If someone takes the time to let you know their name and pronoun, use and respect it. It’s not up to you to decide someone else’s identity.

If you have difficulty using someone’s pronoun and name, practice. Ask co-workers, peers, and friends to point out when you’ve made a mistake.

If you find yourself unsure of someone’s pronoun, be attentive to how others refer to this person. If you are still unclear or concerned that people might be using the incorrect pronoun, politely and privately ask that person what pronoun they use.

All name tags and name plates can also have a spot to show someone’s pronouns.

#TRANSINCLUSION

INFOGRAPHIC DESIGN BY: LIGHTUPTHESKY.CA

HELO
my name is

LAUREN

PRONOUNS: She & Her