



# RETIREMENT PLANNING WORKSHOP

## How to Prepare Emotionally and Financially for Retirement

Wednesday, October 18, 2017

8:30 am - 4:30 pm

Glacier Room, Lister Conference Centre

Presenters: Ron Graham and Kristine Aanderson, EFAP

Staff Programs is pleased to sponsor a full-day pre-retirement workshop to assist you in preparing for the next stage of your life. The workshop is intended for faculty and staff, and their partners, who are contemplating retirement within the next five to ten years.

Who will you retire with, what will you do, and where will you live? What are your sources of income, is there a shortfall, how will you make up the difference?

This session will provide details about the emotional aspects of moving to the retirement stage of your life as well as the financial planning knowledge needed to successfully create income in retirement.

This workshop is intended for faculty and staff. Partners are encouraged to attend.

All those attending must be registered.

**Registration opens September 6!**

Visit [www.learningshop.ualberta.ca](http://www.learningshop.ualberta.ca) to register.

To register your partner, please contact [org.health@ualberta.ca](mailto:org.health@ualberta.ca). There is no charge for the workshop however attendance is monitored. For more information, please contact [org.health@ualberta.ca](mailto:org.health@ualberta.ca)